Healthy Relationships

Parents, Educators, Communities, and even Friends all play a role in preventing Teen Dating Violence. We must define, demonstrate, and educate our youth on what a healthy relationship looks like.

What is a Healthy Relationship?

• Safe Communication
• Trust
• Boundaries
• Mutual Respect
• Healthy Conflict Resolution
• Shared Decision Making
• Supporting One Another
• Encouragement & Motivation to Make Healthy Choices

Parents and Prevention

1. Model healthy behaviors - How would you want your teen to communicate and relate to others? Demonstrate!

2. Culturally Educate - Teach Kyapstí. Hopis are matrilineal Hopi/Tewa people value their women highly. Let’s teach that to our youth.

3. Bystander - Don’t just watch abuse happen to your friends, your children, or your students. Report it! Tell someone.

Creating a culture without abuse takes all of us!

RESOURCES

Hopi Resource Enforcement Services
928-734-7340
Hopi BIA Law Enforcement
928-738-2233
928-738-2234
911
Hopi Domestic Violence Program
928-738-1115/ 1116
928-814-7095
Hopi Tewa Women’s Coalition to End Abuse
928-225-7029
928-225-6494
National Domestic Violence Hotline
1-800-799-SAFE (7233)
24 hours/ 7 days week
National Suicide Prevention Hotline
1-800-656-HOPE (4673)
24 hours/ 7 days week
National Child Abuse Hotline
1-800-4-ACHILD (422-4433)
24 hours/ 7 days week
Hopi Health Care Center
928-737-6000
Hopi Silent Witness
928-738-8477
StrongHearts Native Help Line
1-844-762-8483
1-844-7NATIVE
7am - 10pm CST / 7 days a week
National Teen Crisis Hotline
1-800-448-3000
24 hours/ 7 days week
or TEXT: text VOICE to 20121
Text available 2pm-1am, CST
LGBT National Youth Hotline
1-800-246-7743, 1pm-9pm PST
24 hours/ 7 days week
Crisis Text Line
TEXT: text HOME to 741741
24 hours/ 7 days week

“Weaving a web of support for victims and survivors of domestic violence and sexual assault.”
### WHAT IS TEEN DATING VIOLENCE?

Teen dating violence (TDV) is emotional, physical, sexual, psychological, and/or verbal abuse in a current or former dating relationship. Teen dating violence is real, and intimate partner abuse is a growing problem in our youth's dating relationships.

### Long Lasting Effects of Teen Dating Violence

- Youth in violent relationships are at higher risk for substance abuse, eating disorders, risky sexual behavior and further domestic violence.
- Half of youth who have been victims of both dating violence and rape attempt suicide, compared to those that are not TDV victims.
- Teen dating violence victims that are physically or sexually abused make them 6 times more likely to get pregnant.
- The severity of intimate partner violence is often greater in cases where the pattern of abuse was established in adolescence.

**FACT:**

Teen dating violence can happen with former partners and current partners.

Only 33% of teens who were in a violent relationship ever told anyone about the abuse.

### STATISTICS

- Most commonly TDV occurs between age groups 13-19, but can occur as early as 11 years of age.
- One in three girls in the US is a victim of physical, emotional or verbal abuse from a dating partner.
- One in ten high school students has been purposefully hit, slapped or physically hurt by a boyfriend.
- Girls and young women between the ages of 16 and 24 experience the highest rate of intimate partner violence, almost triple the national average.
- Among female victims of intimate partner violence 94% of those ages 16 – 19 and 70% of those ages 20-24 were victimized by a current or former boyfriend or girlfriend.