

Healthy Relationships

Parents, Educators, Communities, and even Friends all play a role in preventing Teen Dating Violence. We must define, demonstrate, and educate our youth on what a healthy relationship looks like.

What is a Healthy Relationship?

- Safe Communication
- Trust
- Boundaries
- Mutual Respect
- Healthy Conflict Resolution
- Shared Decision Making
- Supporting One Another
- Encouragement & Motivation to Make Healthy Choices

Parents and Prevention

1. Model healthy behaviors - How would you want your teen to communicate and relate to others? Demonstrate!
2. Culturally Educate - Teach Kyapsti. Hopis are matrilineal Hopi/Tewa people value their women highly. Let's teach that to our youth.
3. Bystander - Don't just watch abuse happen to your friends, your children, or your students. Report it! Tell someone.

Creating a culture without abuse takes all of us!

RESOURCES

Hopi Resource Enforcement Services

928-734-7340

Hopi BIA Law Enforcement

928-738-2233

928-738-2234

911

Hopi Domestic Violence Program

928-738-1115/ 1116

928-814-7095

Hopi Tewa Women's Coalition to End Abuse

928-225-7029

928-225-6494

National Domestic Violence Hotline

1-800-799-SAFE (7233)

24 hours/ 7 days week

National Suicide Prevention Hotline

1-800-656-HOPE (4673)

24 hours/ 7 days week

National Child Abuse Hotline

1-800-4-ACHILD (422-4433)

24 hours/ 7 days week

Hopi Health Care Center

928-737-6000

Hopi Silent Witness

928-738-8477

StrongHearts Native Help Line

1-844-762-8483

1-844-7NATIVE

7am - 10pm CST / 7 days a week

National Teen Crisis Hotline

1-800-448-3000

24 hours/ 7 days week

or TEXT: text VOICE to 20121

Text available 2pm-1am, CST

LGBT National Youth Hotline

1-800-246-7743, 1pm-9pm PST

24 hours/ 7 days week

Crisis Text Line

TEXT: text HOME to 741741

24 hours/ 7 days week

Hopi Tewa Women's Coalition to
End Abuse

TEEN DATING VIOLENCE

INFORMATION BROCHURE



“Weaving a web of support for victims and survivors of domestic violence and sexual assault.”

TYPES OF ABUSE	ACTS OF VIOLENCE
Physical Abuse: The intentional act of causing injury or trauma to another person by way of bodily contact in order to instill fear, power, and control of the other person.	Strangulation/ Choking Hitting Slapping Pinching Shoving Kicking Hair Pulling Forced intercourse Biting Pushing
Emotional and Psychological Abuse: Any act including confinement, isolation, verbal assault, humiliation, intimidation, or any other treatment which may diminish the sense of identity, dignity, and self worth.	Threats Constant monitoring Constant "checking in" Extreme jealousy Humiliating partner publicly Isolation from friends/ family Restricting activities Restricting friends Excessive texting
Verbal Abuse: Verbal insults that may attempt to diminish the self-worth of the other	Insults Name calling Put-downs Shaming Verbal threats
Sexual Abuse: Sexual contact with someone who cannot give a clean and informed yes or no, OR forcing someone to do something sexual that they do not want to do.	Unwanted kissing or touching Sexual Assault Making threats if they don't perform a sexual act Using threats to spread rumors that if they don't have sex, they will tell everyone they did Rape Sex while intoxicated
Digital Abuse: The use of technologies such as texting and social networking to bully, harass, stalk, threat, or intimidate a partner. This type of emotional abuse is usually perpetuated online.	Cyberstalking Cyberbullying cyber-harassment Using digital pictures or texts to make threats Demanding partner to send nude photos or texts Sends partner unwanted messages Uses social media to harm you

WHAT IS TEEN DATING VIOLENCE?

Teen dating violence (TDV) is emotional, physical, sexual, psychological, and/ or verbal abuse in a current or former dating relationship. Teen dating violence is real, and intimate partner abuse is a growing problem in our youth's dating relationships.

STATISTICS

- **Most commonly TDV occurs between age groups 13-19, but can occur as early as 11 years of age.**
- **One in three girls in the US is a victim of physical, emotional or verbal abuse from a dating partner.**
- **One in ten high school students has been purposefully hit, slapped or physically hurt by a boyfriend.**
- **Girls and young women between the ages of 16 and 24 experience the highest rate of intimate partner violence, almost triple the national average.**
- **Among female victims of intimate partner violence 94% of those ages 16 – 19 and 70% of those ages 20-24 were victimized by a current or former boyfriend or girlfriend.**

Long Lasting Effects of Teen Dating Violence

- Youth in violent relationships are at higher risk for substance abuse, eating disorders, risky sexual behavior and further domestic violence.
- Half of youth who have been victims of both dating violence and rape attempt suicide, compared to those that are not TDV victims.
- Teen dating violence victims that are physically or sexually abused make them 6 times more likely to get pregnant.
- The severity of intimate partner violence is often greater in cases where the pattern of abuse was established in adolescence.

FACT:

Teen dating violence can happen with former partners and current

Only 33% of teens who were in a violent relationship ever told anyone about the abuse.